

BRIGHTON S.C. 39TH TOM HANDLEY OPEN MEET
15TH & 16TH JANUARY 2022

Saturday morning. Session one

Warm up starts 8.00 withdrawals close 8.30

Competition start time 9.35

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
8.00 - 8.15	1066, Guildford	Chichester Littlehampton	Worthing	Worthing	Lewes	E.Grinstead
8.15 - 8.30	Brighton	Brighton	Brighton	Brighton	Lancing	Lancing
8.30 - 8.45	Marlins	Marlins	Marlins	Marlins	Marlins	Marlins
8.45 - 9.00	Beacon	Beacon	Shiverers	Shiverers	Shiverers	Shiverers
9.00 - 9.15	Hastings	Hastings	Hastings	Hastings	Hastings	Hailsham
9.15 - 9.30	Eastbourne	Eastbourne	Eastbourne	Seaclose	West Wight	Staines

Projected finish time 12.45pm

Saturday afternoon session two

Warm up Starts 1.15 withdrawals close 1.30

Competition start time 2.50

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
1.15 - 1.30	Hastings	Hastings	Hastings	Hastings	Lewes	E.Grinstead
1.30 - 1.45	1066	Littlehampton	Hailsham	Eastbourne	Eastbourne	Eastbourne
1.45 - 2.00	Beacon	Beacon	Lancing	Lancing	Staines	Staines
2.00 - 2.15	Marlins	Marlins	Marlins	Marlins	Marlins	Bromley, Chichester, Guildford
2.15 - 2.30	Shiverers	Shiverers	Shiverers	Shiverers	Seaclose	West Wight
2.30 - 2.45	Brighton	Brighton	Brighton	Brighton	Worthing	Worthing

Projected finish time 5.45pm

Warm Up and safety reminders

Enter the pool at the start end & Exit at shallow end only.

Do not cross into another club's warm up lane.

Coaches must supervise their swimmers during their club's allocated warm up period.

There are no allocated sprint lanes and Coaches may run their warm up as they see fit.

This can include one way sprints if required.

Swim clockwise (on the left) in lanes 1,3,5 & anti-clockwise in 2,4,6 (on the right)

The shallow end pool can be used for continuous swimming during the day.

Only Front Crawl & Breaststroke are allowed in this pool.

Please touch turn only, do not tumble turn,.

Swimmers misbehaving in this pool will be asked to return to their club's base area.

**Swimmers must remain in their allocated area until they are required at the
Marshalling area under the timing board. Do not go to the marshalling area until
your heat is notified as being required.**

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Sunday morning session one

Warm up starts 8.00 withdrawals close 8.30

Competition start time 9.35

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
8.00 - 8.15	Brighton	Brighton	Brighton	Brighton	Brighton	E.Grinstead
8.15 - 8.30	Marlins	Marlins	Marlins	Marlins	Marlins	Marlins
8.30 - 8.45	Shiverers	Shiverers	Shiverers	Hailsham	Lewes	Bromley Dulwich
8.45 - 9.00	Hastings	Hastings	Hastings	Lancing	Lancing	Staines
9.00 - 9.15	1066	Beacon	Beacon	Beacon	Seaclose	West Wight
9.15 - 9.30	Eastbourne	Eastbourne	Eastbourne	Eastbourne	Worthing	Littlehampton Chichester

Projected finish time 12.00 pm

Skins events commence at 12.30 finishing at approximately 1.00

Sunday afternoon session two

Warm up Starts 1.15 withdrawals close 1.30

Competition start time 2.50

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
1.15 - 1.30	1066	Beacon	Beacon	Beacon	Seaclose	West Wight
1.30 - 1.45	Staines	Worthing	Hailsham	Chichester Littlehampton	Lewes	Bromley, Dulwich Guildford, Ojays
1.45 - 2.00	Eastbourne	Eastbourne	Eastbourne	Shiverers	Shiverers	Shiverers
2.00 - 2.15	Brighton	Brighton	Brighton	Brighton	Brighton	E.Grinstead
2.15 - 2.30	Marlins	Marlins	Marlins	Marlins	Marlins	Marlins
2.30 - 2.45	Hastings	Hastings	Hastings	Hastings	Lancing	Lancing

Projected finish time 5.45pm

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