
RECORDS Club Open L/C
LC Meters-Girls

50 Free	27.45	10-Jun-05	Emma Dean	Crystal Palace
100 Free	58.52	3-Aug-05	Emma Dean	Sheffield. National Championships
200 Free	2:11.92	29-Apr-06	Emma Dean	Aldershot
400 Free	4:29.19	6-Dec-03	Holly White	Bath University
800 Free	9:36.36	15-Feb-04	Holly White	High Wycombe
1500 Free	20:17.08	21-Mar-09	Roxanne Addison	K2 Crawley
50 Back	32.52	7-Feb-16	Lea Donovan	K2 Crawley
100 Back	1:07.57	15-Dec-12	Alice South	Hillingdon
200 Back	2:27.13	6-May-12	Alice South	K2 Crawley
50 Breast	33.74	15-Feb-03	Claire Manton	High Wycombe
100 Breast	1:15.16	28-Jul-02	Claire Manton	Sheffield. National Championships
200 Breast	2:43.71	10-Jun-02	Claire Manton	Crystal Palace
50 Fly	29.58	30-Apr-16	Lea Donovan	Portsmouth
100 Fly	1:06.62	2-Jun-04	Emma Eaves	Crystal Palace
200 Fly	2:26.93	2-Jun-04	Emma Eaves	Crystal Palace
200 IM	2:24.00	30-Apr-05	Claire Manton	Crystal Palace
400 IM	5:13.81	2-May-04	Emma Eaves	Crystal Palace

RECORDS Club Open L/C
LC Meters-Boys

50 Free	24.29	7-Feb-16	Dominic Polling	K2 Crawley County Championships
100 Free	52.44	7-Feb-16	Dominic Polling	K2 Crawley
200 Free	2:01.00	5-Aug-15	Harry Stacey	Nationals Ponds Forge Sheffield
400 Free	4:23.52	22-Mar-15	Harry Stacey	French Regions
800 Free	9:04.90	22-Mar-15	Harry Stacey	French Regions
1500 Free	17:23.38	23-May-15	Harry Stacey	Regions,Portsmouth
50 Back	27.25	5-May-12	Alex Beck	K2 Crawley County Record
100 Back	58.26	23-Apr-16	Dominic Polling	Antwerp
200 Back	2:06.63	27-Feb-16	Dom Polling	K2 Crawley County Championships
50 Breast	29.99	23-Jan-16	Dominic Polling	Geneva
100 Breast	1:04.74	6-Aug-14	Dominic Polling	Sheffield. National Championships
200 Breast	2:21.57	10-Aug-14	Dominic Polling	Sheffield. National Championships
50 Fly	26.23	22-Apr-16	Dominic Polling	Antwerp
100 Fly	57.30	18-May-13	Chris Wiles	Aldershot
200 Fly	2:08.76	7-Aug-14	Chris Wiles	Sheffield. National Championships
200 IM	2:05.97	16-Apr-16	Dominic Polling	British Championships Tollcross
400 IM	4:44.45	28-Feb-15	Dominic Polling	K2 Crawley