
RECORDS Club Open S/C
SC Meters-Girls

50 Free	27.27	11-Mar-06	Emma Dean	K2 Crawley
100 Free	57.95	10-Mar-04	Claire Manton	Horsham
200 Free	2:07.29	10-Mar-04	Amy Kent	Crawley old pool
400 Free	4:27.25	10-Mar-04	Holly White	Brighton
800 Free	9:11.21	10-Feb-04	Holly White	Bognor
1500 Free	17:37.77	1-Oct-05	Holly White	Crawley old pool
50 Back	30.40	10-Mar-03	Claire Manton	Crawley old pool
100 Back	1:04.15	3-Mar-13	Alice South	K2 Crawley
200 Back	2:20.05	16-Mar-13	Alice South	K2 Crawley
50 Breast	33.40	10-Mar-03	Claire Manton	Crawley old pool
100 Breast	1:13.30	10-Nov-02	Claire Manton	Brighton
200 Breast	2:38.60	10-Mar-02	Claire Manton	Crawley old pool
50 Fly	29.31	10-Mar-04	Claire Manton	Crawley old pool
100 Fly	1:04.43	12-Mar-05	Emma Eaves	Crawley old pool. County Record
200 Fly	2:20.90	13-Mar-05	Emma Eaves	Crawley old pool. County Record
100 IM	1:05.06	10-Feb-04	Claire Manton	Horsham
200 IM	2:20.84	28-Feb-03	Claire Manton	Dublin. W.I.S.E. international
400 IM	5:03.62	10-Oct-04	Emma Eaves	Crawley old pool

RECORDS Club Open S/C
SC Meters-Boys

50 Free	23.98	8-Oct-16	Dominic Polling	Guildford
100 Free	50.98	16-Dec-16	Dominic Polling	ASA winter meet. Sheffield
200 Free	1:57.45	15-Mar-14	Charlie Wood	K2 Crawley
400 Free	4:10.53	1-Mar-14	Charlie Wood	K2 Crawley
800 Free	9:33.29	17-Jan-18	Ashley IbanBaker	Brighton
1500 Free	16:56.70	28-Dec-14	Harry Stacey	French Regions
50 Back	26.42	10-Sep-16	Dominic Polling	Brighton
100 Back	56.76	4-Jun-16	Dominic Polling	Brighton
200 Back	2:00.31	15-Dec-16	Dominic Polling	ASA Winter meet. Sheffield
50 Breast	28.35	17-Dec-16	Dominic Polling	ASA Winter meet Sheffield
100 Breast	1:01.21	15-Dec-16	Dominic Polling	ASA Winter meet. Sheffield
200 Breast	2:16.80	16-Oct-16	Dominic Polling	Sussex Winter meet K2 Crawley
50 Fly	26.40	9-Jan-16	Dominic Polling	Brighton
100 Fly	56.96	3-Mar-13	Chris Wiles	K2 Crawley
200 Fly	2:06.30	15-Mar-14	Chris Wiles	K2 Crawley
100 IM	55.33	17-Dec-16	Dominic Polling	ASA Winter meet Sheffield
200 IM	2:01.69	15-Dec-16	Dominic Polling	ASA Winter meet. Sheffield
400 IM	4:34.35	4-Dec-15	Dominic Polling	Brighton