

BRIGHTON S.C. 41ST TOM HANDLEY OPEN MEET
SATURDAY 13TH JANUARY 2024

Saturday morning. Session one. Warm up starts 8.00 withdrawals close 8.45

Competition start time 9.15

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
8.00 - 8.12	Marlins	Marlins	Marlins	Marlins	Marlins	Marlins
8.12 - 8.24	Hailsham	Hailsham	Brighton	Brighton	Brighton	Brighton Sussex Uni
8.24 - 8.36	Worthing	Worthing	Shiverers	Shiverers	Shiverers	Shiverers
8.36 - 8.48	Lewes	Seaclose	Seaclose	Eastbourne	Eastbourne	Eastbourne
8.48 - 9.00	Beacon	Beacon	Beacon	Hastings	Hastings	Hastings
9.00 - 9.12	Sutton & Cheam	Sutton & Cheam	Sutton & Cheam	Lancing	Lancing	Arun, Croydon, Maidstone, RTW Sevenoaks, Woking

Projected session finish time 12.30 pm

Saturday afternoon session two

Warm up Starts 1.00 withdrawals close 1.30

Competition start time 2.30

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
1.00 - 1.12	Hastings	Hastings	Hastings	Hastings	Worthing	Worthing
1.12 - 1.24	Hailsham	Hailsham	Lancing	Lancing	Arun	1066, Dolphins, Croydon Maidstone, RTW, 7oaks, Woking
1.24 - 1.36	Beacon	Beacon	Beacon	Beacon	Seaclose	Seaclose
1.36 -1.48	Lewes	Eastbourne	Eastbourne	Eastbourne	Sutton & Cheam	Sutton & Cheam
1.48 - 2.00	Brighton	Brighton	Brighton	Brighton	Brighton	Brighton Sussex uni
2.00 - 2.12	Shiverers	Shiverers	Shiverers	Shiverers	Shiverers	Shiverers
2.12 - 2.24	Marlins	Marlins	Marlins	Marlins	Marlins	Marlins

Projected session finish time 6.10 pm

Warm Up and safety reminders

Coaches must supervise their swimmers during their club's allocated warm up period.

Enter the pool at the start end & Exit at shallow end only.

Do not cross into another club's warm up lane.

Swim clockwise (on the left) in lanes 1,3,5 & anti-clockwise in 2,4,6 (on the right)

There are no allocated sprint lanes and Coaches may run their warm up as they see fit. This can include one way sprints if required.

The shallow end pool can be used for continuous swimming during the day.

Only Front Crawl & Breaststroke are allowed in this pool.

Please touch turn only, do not tumble turn.,

Swimmers misbehaving in this pool will be asked to return to their club's base area.

BRIGHTON S.C. 41ST TOM HANDLEY OPEN MEET
SUNDAY 14TH JANUARY 2024

Sunday morning session one. Warm up starts 8.00 withdrawals close 8.30

Competition start time 9.30

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
8.00 - 8.12	Brighton	Brighton	Brighton	Brighton	Brighton	Brighton Sussex Uni
8.12 - 8.24	Shiverers	Shiverers	Shiverers	Shiverers	Shiverers	Lewes
8.24 - 8.36	Arun	Sutton & Cheam	Sutton & Cheam	Sutton & Cheam	Hailsham	Hailsham
8.36 - 8.48	Beacon	Beacon	Beacon	Beacon	Beacon	Worthing
8.48 - 9.00	Eastbourne	Eastbourne	Eastbourne	Hastings	Hastings	Hastings
9.00 - 9.12	Seaclose	Seaclose	Lancing	Lancing	Crawley, Dolphins	Woking, 7Oaks Croydon, Atlantis
9.12 - 9.24	Marlins	Marlins	Marlins	Marlins	Marlins	Marlins

Projected finish time 12.15 pm

Skins events commence at 12.45 finishing at approximately 1.15

Sunday afternoon session two Warm up Starts 1.30 withdrawals close 2.00

Competition start time 2.40

	lane 1	lane 2	lane 3	lane 4	lane 5	lane 6
1.15 - 1.27	Marlins	Marlins	Marlins	Marlins	Marlins	Marlins
1.27 - 1.39	Sutton & Cheam	Sutton & Cheam	Sutton & Cheam	Lewes	Lancing	Lancing
1.39 - 1.51	Brighton	Brighton	Brighton	Brighton	Brighton	Brighton Sussex Uni
1.51 - 2.02	Shiverers	Shiverers	Shiverers	Shiverers	Shiverers	Shiverers
2.02 - 2.14	Eastbourne	Eastbourne	Eastbourne	Eastbourne	Arun Crawley	1066, Croydon Dolphins, Woking, 7 Oaks
2.14 - 2.26	Hailsham	Hailsham	Beacon	Beacon	Beacon	Beacon
2.26 - 2.38	Seaclose	Seaclose	Hastings	Hastings	Hastings	Worthing

Projected finish time 5.45pm

Warm Up and safety reminders

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