

## **\*\*50 METRE FREESTYLE SKINS\*\***

Skins events for boys and girls 12/14 & 15/over will be swum at the end of session 3. The fastest 6 swimmers in the 50m Freestyle from each age group (Boys & Girls 12/14 and 15/over) will be entered for the Skins events provided that those swimmers have already entered and swum in at least 2 events prior to the 50m Freestyle.

- Should any swimmer(s) withdraw from the skins event, reserves will be called.
- The 1<sup>st</sup> heat in each group will be a normal race start
- All subsequent heat starts will comprise of a 10 second warning whistle followed by the start tone.
- The last swimmer home in each skins heat will be eliminated unless a disqualification occurs in which case that swimmer only will be eliminated
- In the event of a tie for last place, no swimmer will be removed and the last 2 in the next swim will be taken out.
- Swimmers will remain in their start lane except for the final heat when lanes 3 & 4 will be used
- 12/14 years events will be held first and once completed the 15/Over events will be swum
- A go off time of 3 minutes will be used for each round with Boys and Girls races alternating at 1m 30s.

**A CASH PRIZE OF £40 WILL BE AWARDED TO THE WINNERS OF EACH EVENT  
A CASH PRIZE OF £30 WILL BE AWARDED TO THE 2<sup>ND</sup> PLACE SWIMMERS  
A CASH PRIZE OF £20 WILL BE AWARDED TO THE 3<sup>RD</sup> PLACE SWIMMERS**

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